

Mulleygrub Cafe Menu

Term 2 2017

■ = healthy choice

■ = sometimes food

■ = occasional food

Sandwiches (Wholemeal or multi-grain bread)

■ Chicken.....	\$3.00
■ Ham.....	\$3.00
■ Egg.....	\$3.00
■ Tuna.....	\$3.00
■ Cheese.....	\$3.00
■ Vegemite/Jam/Honey.....	\$2.50
■ Salad.....	\$3.00

Extra fillings:

■ Cheese.....	\$0.50
■ Tomato.....	\$0.30
■ Lettuce.....	\$0.30
■ Carrot.....	\$0.30
■ Cucumber.....	\$0.30
■ Mayonnaise.....	\$0.20
■ Toasted add.....	\$0.20
■ Wrap add.....	\$0.20
■ Roll add.....	\$0.20

Salad Box..... \$3.50

Served with a light dressing - lettuce, cucumber, tomato, capsicum carrot, and cheese. Add ham, egg, tuna, or chicken for \$1 or Quiche for \$1.50.

Icy treats

■ Quelch stick.....	\$0.50
■ Berri apple/orange juice cups.....	\$1.00
■ Frozen Yoghurt.....	\$2.00

Snacks-available ONLY with lunch orders

■ Boiled egg.....	\$1.00
■ Raisin toast - thick.....	\$1.00
■ Corn cob.....	\$1.20
■ Fruit salad cup.....	\$1.50
■ Cabanossi, cheese & jatz.....	\$2.50
■ Carrot sticks <u>w</u> hommus.....	\$1.50
■ Carrot sticks <u>w</u> salsa.....	\$1.50
■ Carrot sticks <u>w</u> tzatziki.....	\$1.50
■ Yoghurt <u>w</u> muesli or berries.....	\$3.00
■ Crunch bag.....	\$1.00

Counter sales-also avail w lunch orders

■ Apple slinky.....	\$1.00
■ Fruit salad cup.....	\$1.50
■ BYO apple slinky.....	\$0.20
■ Sultanas.....	\$0.80
■ Cheese stick.....	\$0.80
■ Jelly cup.....	\$1.50
■ Piece of fruit.....	\$0.80

Drinks

■ Fruit smoothies (lunch orders only)	\$3.00
■ Hot chocolate.....	\$3.00
■ Moove milk (Straw/Choc).....	\$2.00
■ Juice (app/black, app, or & p/pun)	\$2.00

Hot Food

■ Pasta Bolognese.....	\$4.00
■ Cheesy Pasta.....	\$3.00
■ Chicken Wrap (Sweet Chilli/Plain)	\$4.50
■ Chicken Caesar Roll.....	\$4.50

(plain tender w bacon, lettuce, cheese & Caesar sauce)

■ Cheese burger.....	\$4.50
(homemade mince patty <u>w</u> tomato sauce & cheese)	
■ Chicken burger.....	\$4.50
(chicken patty <u>w</u> lettuce & mayo)	
■ Nachos with cheese and salsa.....	\$3.50
■ Spaghetti/Baked beans jaffles...	\$3.50
■ Hot Dog.....	\$3.00
(20c each for cheese, bacon, tom/bbq sauce)	
■ Spinach and ricotta triangles.....	\$3.00
■ Soup.....	\$3.00
With bread roll.....	\$3.50
■ Party Pie (low fat/low salt).....	\$1.20
■ Sausage roll (homemade).....	\$3.00
■ Chicken Nuggets.....	\$0.60
■ Potato gems (6).....	\$1.00
■ Spring rolls (3).....	\$2.50
■ Jacket potato.....	\$4.50
(bacon, cheese & sour cream)	
■ Garlic bread.....	\$1.50
■ Tomato sauce.....	\$0.20
■ BBQ sauce.....	\$0.20

Snacks

■ Chips.....	\$1.00
(sour cr/ch, S&V, pretzels, french fries)	
■ Mammee noodles (chicken & bbq)..	\$1.00
■ Popcorn.....	\$1.00
■ Freddo frog.....	\$0.50
■ Snakes.....	\$0.20
■ Gummy bears.....	\$0.20
■ Fruit faces.....	\$0.05
■ Homemade muffin.....	\$1.50
■ Choc chip cookie (homemade).....	\$1.00
■ Various lollies.....	

Please remember to include 10c for a paper bag if one is needed. Ziplock bags are not suitable. Thank you.

How to order your lunch

Ordering lunch is now available using QQR! It is convenient and easy to use. You can visit our website for download information.

Please clearly label all lunch orders with your child's name and class.

Please remind your child that if they have a frozen item in their lunch order that they need to RETURN to the canteen with their bag to collect their items.

Please follow the format below when not using QQR! for ordering lunches.

Example:

Jane Doe 2B

Salad s'wich 3.00

Cheese stick .60

Plain milk 1.50

Total \$5.10

Correct change is appreciated.

Please place money in bag making sure it can't fall out. **Please do not use sticky tape or staples.**

If change is required it will be taped on the front of the lunch bag.

Please note that we will always endeavour to fill your child/children's lunch orders.

However in the event that an item is unavailable, we will let your child know and substitute it for something similar.

Any orders received after 10am **will not be filled**. A sandwich will be provided but no hot food. Please remind your child to put in their lunch order **first thing**.

If there is insufficient money in the lunch order, a note will be sent home requesting payment.

Lunch bags are available for 10c.

Birthday Parties

Mulleygrub Cafe also caters for children's birthdays. You must order a week in advance. Please see the school website for more details or email or call the number provided for more details.

Soup

(Both choices will be available daily)

Sweet corn and chicken

Creamy pumpkin

VOLUNTEERS ARE ALWAYS WELCOME

Please contact Kim on 0417 028 315 or email: canteenstjudesps@gmail.com if you are able to assist.

Mulleygrub Café Menu

ST JUDE'S PRIMARY SCHOOL Autumn Menu (Term 2, 2017)

