



ST JUDE'S PRIMARY SCHOOL

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Tuesday 31st July 2018

Dear Parents and Carers,

Children begin to learn about the 'facts of life' from the moment they are born. They talk to their peers and see magazines, papers, movies and television. Primary school is a good place to educate children in the area of sexuality and human relationships.

Next Monday and Tuesday, 6th and 7th August we will be spending part of each day learning about the physical and emotional development of puberty as a stage of growth.

The programme will cover such topics as: personal identity, relationships and growth and development. The boys and girls will be split for these sessions and Mr Fulton will be teaching the boys at this time and the girls will be with Mrs Hart and Mrs Laudenbach. Further lessons will be held in health classes for the remainder of the year.

This may be a beneficial time for you to discuss with your child the physical and emotional changes that occur during puberty. If they have any questions, they can write these down before Monday and place them in the 'Question Box' in their classroom. These questions will be answered next Tuesday.

If you have any questions or concerns, please feel free to contact us.

Yours sincerely,

Sharon Hart, Kathy Laudenbach and Dan Fulton